

5th Annual
Bike 'n' Hike
September 17,
2011



7 SUMMITS

Bike 'n' Hike Challenge

Wells, BC

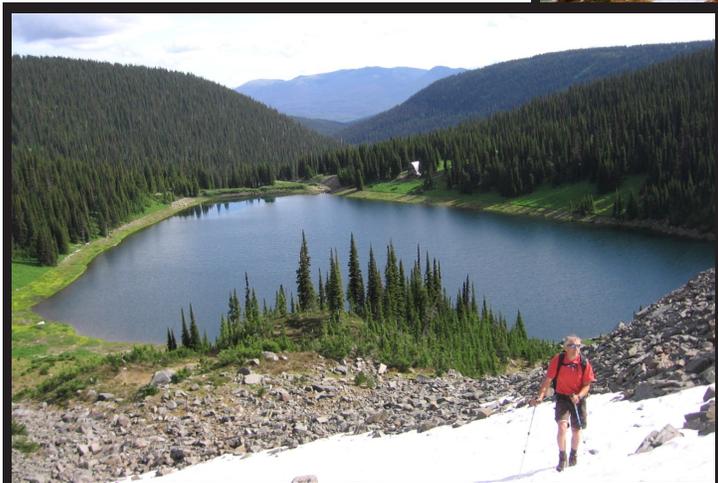
7 Stages
7 Mountains
7,000 Feet Up
JUST ONE DAY!



56 km All-Day, Full-Mountain Experience that celebrates the Cariboo Alpine Environment.

All profits go to trail stewardship by the Friends of Barkerville. Sponsored by the Bear's Paw Cafe in Wells, and supported by dedicated businesses, volunteers and the Cariboo Mountain Bike Consortium.

ridethecariboo.com wellsbarkervilletrails.com
whitegold.ca/biking.html



COMMIT! only a \$40 Entry Fee.

Bike Movies on Friday nite, Banquet on Saturday nite
Mini Music Festival on Sunday nite! Motel Packages
Breakfast/Dinner Packages, Swag, Cool prizes
Early Bird Entry Draw before September 6th
Contact: Dave@ The Bear's Paw Cafe in Wells
1-866-994-2345

Sign up online at www.whitegold.ca/biking.html
or email: 7summitschallenge@gmail.com